

1978 Region 8AA Girls- Saturday, June 3rd at Alexandria

Teams: St. Cloud Apollo 85, Melrose 64, Little Falls 55, Park Rapids 54.5, Moorhead 50, Brainerd 46, St. Cloud Tech 46, Fergus Falls 28, Alexandria 21, Detroit Lakes 19, Sauk Rapids 4, Thief River Falls 2.5, Crookston 2, Bemidji 0, East Grand Forks 0.

100 Yard Dash

- 1 Janet Knopik, SC A 11.1
- 2 Janice Wolf, SC A

220 Yard Dash

- 1 Kris Rens, LF 25.6
- 2 Ann Mikkelsen, FF

440 Yard Dash

- 1 Kris Rens, LF 57.9
- 2 Cindi Carlson, DL

880 Yard Run

- 1 Tammy McGrane, PR 2:14.3
- 2 Mary Bohlig, LF

One Mile Run

- 1 Jane Remark, Mhd 5:21.0
- 2 Linda Benjamin, PR

Two Mile Run

- 1 Deb Thometz, SC T 11:52.0
- 2 Liz Feiler, SC T

110 Yard Low Hurdles

- 1 Kathy Borgworth, Br 14.0
- 2 Tammy McGrane, PR

180 Yard Low Hurdles

- 1 Kathy Borgworth, Br 22.7
- 2 Tammy McGrane, PR

440 Yard Relay

- 1 Apollo 49.6

880 Yard Relay

- 1 Apollo 1:45.5

One Mile Relay

- 1 Little Falls 4:06.3

Long Jump

- 1 Janice Wolf, SC A 17-1.25
- 2 Mary Braun, SC T

High Jump

- 1 Kathy Bosek, Alex 5-5
- 2 Bernie Tieman, Melr

Shot Put

- 1 Ann Schmidt, Mhd 46-0
- 2 Pat Gieske, Melr

Discus

- 1 Ann Schmidt, Mhd 132-8
- 2 Loreena Anderson, Alex

Notes: St. Cloud Apollo was coached by Donna Mark.